

PROJECT NAME:	Crittenton
PROJECT LEAD:	Walt Boulden and Kristin Kush
TIMELINE:	
CONTENT AREA:	Mental Health, Children and Adolescents, Residential Treatment
FUNDER:	Community Backed Anti-Drug Tax (COMBAT)
CLIENT:	Crittenton Children's Center
AUDIENCE:	Program Staff, Board of Directors
METHODOLOGY:	Quantitative
OVERVIEW:	<p>Crittenton Children's Center's Residential Treatment Program serves youth with emotional and behavioral problems due to past emotional, physical or sexual abuse, neglect or chronic and persistent mental illnesses. These problems are manifested by high risk behaviors and the lack of developmentally appropriate levels of self-control including problems with respect for authority, aggression to peers, academic failures, substance abuse issues, sexual acting out and running away. To address these needs, Crittenton's Residential Treatment Program provides a highly structured program with a strong, psychiatric model of assessment, diagnosis and treatment. At the same time the program utilizes the strength's perspective that recognizes the innate talents and abilities of each individual youth and attempts to assist the youth in identifying those strengths and using them for personal growth.</p> <p>In this grant period, Crittenton implemented and adapted a version of the evidence-based Residential Student Assistance Program to address both the treatment and prevention needs of the youth in Crittenton's Residential Program. The substance abuse treatment and prevention counselor meets each new resident shortly after his/her arrival to establish initial rapport. Following the establishment of rapport, the American Drug and Alcohol Survey Revised – Short Version (which has been adapted for use in Crittenton's Residential Program) assessment is administered in which risk factors and protective factors are clearly identified and each resident is assessed for placement in an appropriate educational/treatment group. Once assigned to groups, youth are seen weekly by the substance abuse treatment and prevention counselor. Assessment data is recorded and analyzed for progress periodically and at discharge from the program.</p> <p>RDI evaluators created a database to capture client information including pre and post assessment data. Evaluators analyze data and report findings and trends biannually. Progress toward identified goals and objectives are measured using various measures. Changes in the assessment are measured to identify growth of the individual youth and such changes are correlated with other measures such as increased participation and demonstration of effective drug refusal skills. All these measures are being used to evaluate the effectiveness of Crittenton's adaptation of the Residential Student Assistance Program.</p>
LINKS:	http://www.crittenton.com/

